**पटियाला रेल इंजन कारखाना खेल संघ (PLWSA)**

**संख्या:** PLW/Sports/NRTMA/2026/01 **दिनांक:** 28.04.2026

**APO-I,**
**PLW/Patiala.**

**विषय: NRTMA (Northern Railway Trekking & Mountaineering Association) गतिविधियों के सुचारू संचालन एवं समन्वय हेतु पदाधिकारियों के नामांकन के संबंध में।**

**संदर्भ:** आपका पत्र संख्या PLW/P/46/W/SC/MTG दिनांक 11/04/2026.

उपरोक्त संदर्भित विषय के क्रम में, NRTMA के श्री सुनील से संपर्क किया गया, जिन्होंने यह स्पष्ट किया है कि PLW के कर्मचारी वर्तमान में व्यक्तिगत स्तर पर NRTMA के विभिन्न ट्रेक और कार्यक्रमों में नियमित रूप से भाग ले रहे हैं। उनके अनुसार, PLW का अपना अलग चैप्टर बनाने या किसी विशेष समिति का गठन करने से कोई अतिरिक्त लाभ प्राप्त नहीं होगा।

उपरोक्त संदर्भित विषय के क्रम में सूचित किया जाता है कि PLW में NRTMA गतिविधियों को प्रोत्साहित करने और उनके उचित समन्वय के लिए स्टाफ काउंसिल की मांग पर विचार किया गया है। परंतु फिर भी, यह निर्णय लिया गया है कि भविष्य में NRTMA से संबंधित समस्त गतिविधियों के लिए **'स्पोर्ट्स सेल' (Sports Cell)** समन्वय इकाई के रूप में कार्य करेगा।

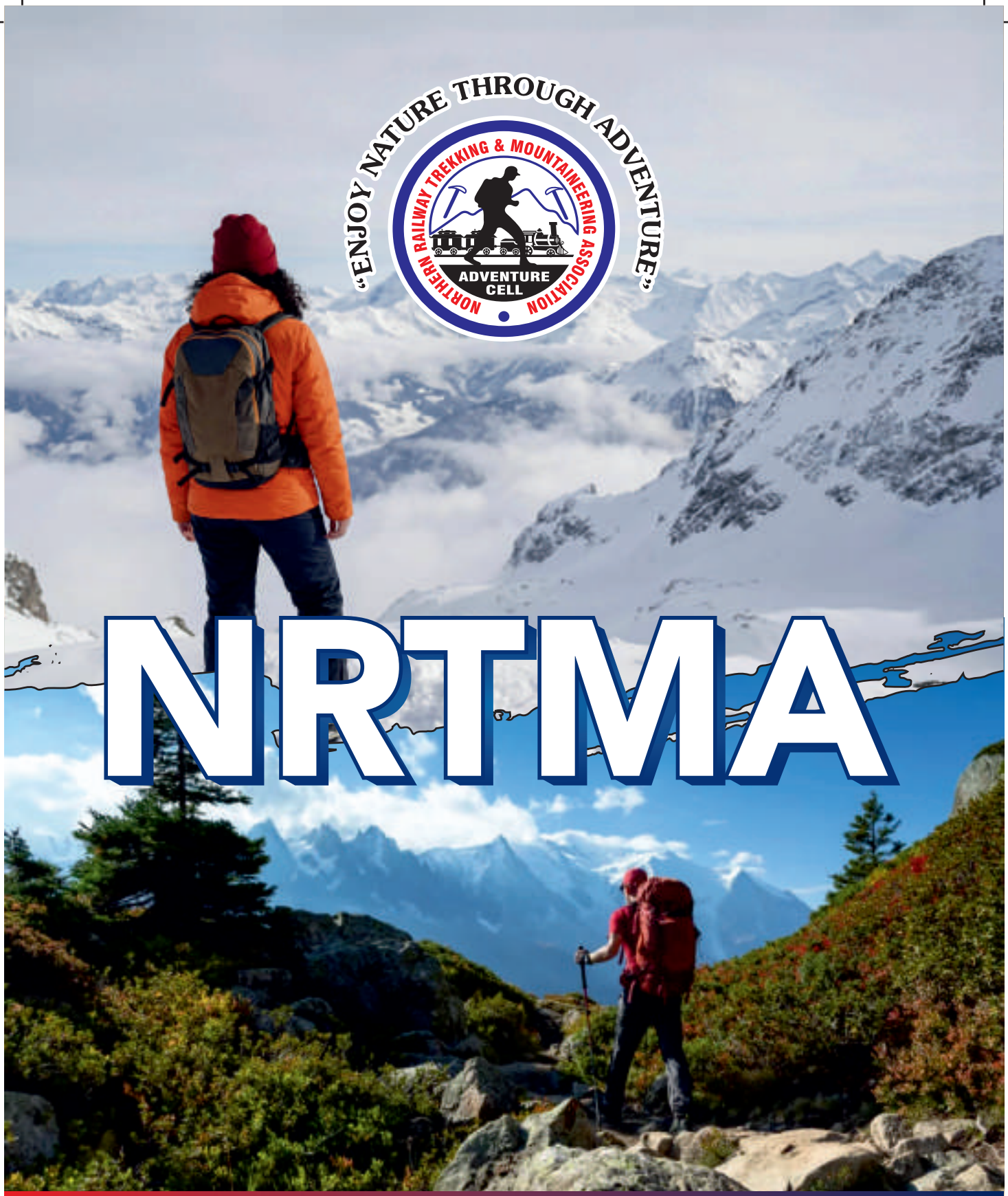
इस प्रक्रिया को सुव्यवस्थित करने हेतु निम्नलिखित व्यवस्थाएँ अनुमोदित की गई हैं:

1. **कार्यक्रम का प्रसार:** स्पोर्ट्स सेल द्वारा प्रतिवर्ष NRTMA के इवेंट कैलेंडर और आवेदन फॉर्म (वर्ष 2026 का कैलेंडर संलग्न है) को PLW के सभी विभागों में प्रसारित किया जाएगा।
2. **पात्रता एवं प्रक्रिया:** इच्छुक कर्मचारी/अधिकारी (पास नियमों के अंतर्गत आने वाले जीवनसाथी और बच्चों सहित) सक्षम अधिकारी से अवकाश स्वीकृत करवाकर तथा रेलवे डॉक्टर से फिटनेस प्रमाण-पत्र प्राप्त कर सीधे NRTMA, बड़ौदा हाउस को निर्धारित शुल्क जमा कर सकेंगे।
3. **आवेदन अग्रेषण:** स्पोर्ट्स सेल सभी पूर्ण रूप से भरे हुए और संबंधित नियंत्रित अधिकारियों द्वारा अनुशंसित आवेदन पत्रों को एकत्रित कर केंद्रीय कार्यालय, बड़ौदा हाउस को अग्रेषित करने हेतु उत्तरदायी होगा।

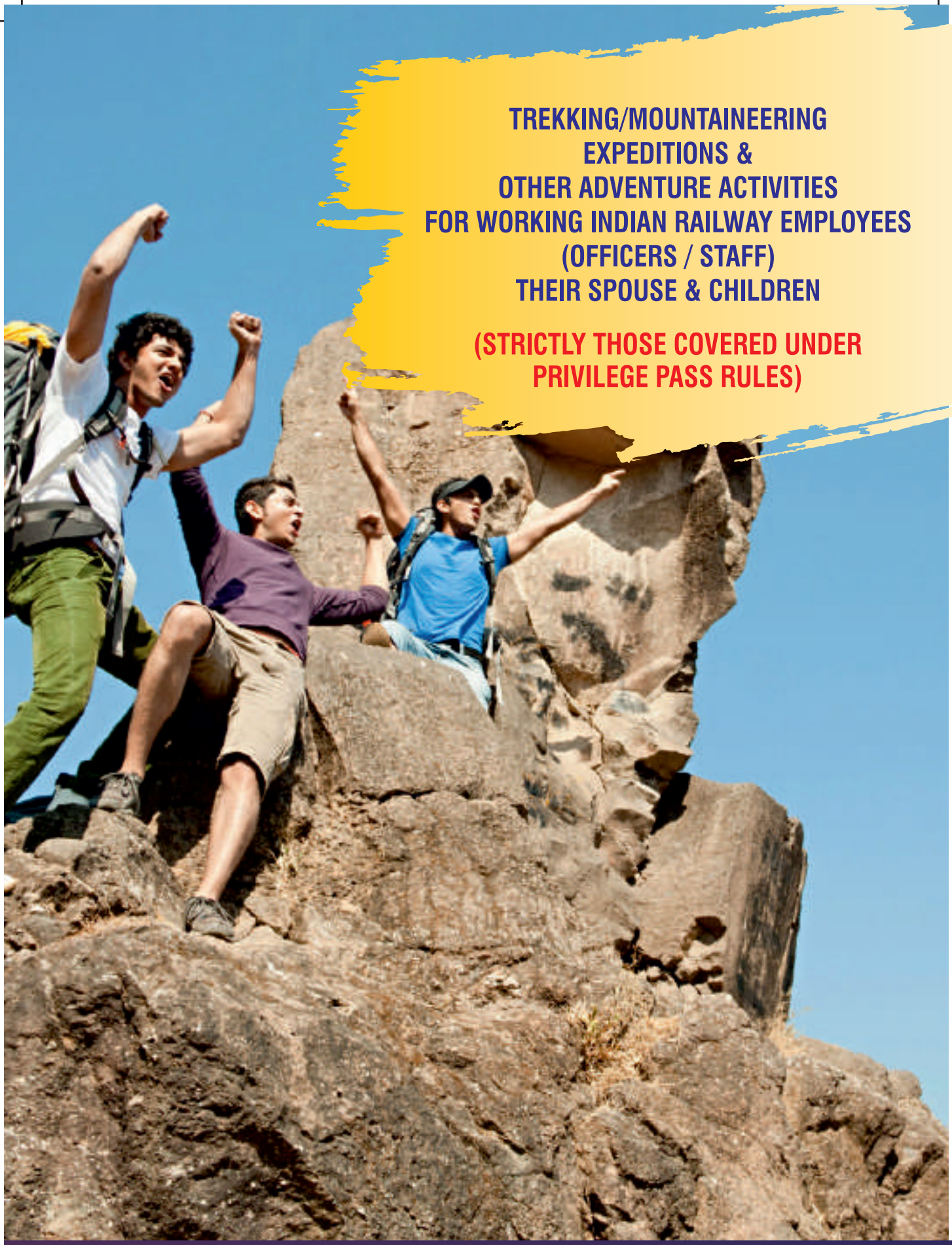
NRTMA के आगामी 2026 सत्र के लिए गतिविधियों का विवरण एवं आवेदन का प्रारूप इस पत्र के साथ संलग्न है। यह पत्र अध्यक्ष/PLWSA के अनुमोदन से जारी किया जा रहा है।

28/04/26.

**वरिष्ठ खेल अधिकारी/ PLW**




# ACTION PLAN 2026



# TREKKING/MOUNTAINEERING EXPEDITIONS & OTHER ADVENTURE ACTIVITIES FOR WORKING INDIAN RAILWAY EMPLOYEES (OFFICERS / STAFF) THEIR SPOUSE & CHILDREN

## (STRICTLY THOSE COVERED UNDER PRIVILEGE PASS RULES)



1

# Adventure Training & Rafting camp

## Rishikesh (Uttarakhand)

**for Railway Officers / Staff / Spouse / Children**
**(min. age 14 years)**

**11th April to 16th April 2026**

**Fee: ₹ 4500/-**

**Last Date to Apply: 08th March 2026**



2



# Adventure Camp at Mukteshwar, Nainital

## Uttarakhand

**only for Railway Officers / Spouse / Children (min. age 10 years)**

**29th April to 03rd May 2026**

**Fee: ₹ 9000/-**

**Last Date to Apply: 27th March 2026**



3



# Trek to Pindari Glacier

## (Uttarakhand)

**for Railway Officers / Staff / Spouse / Children (min. age 12 years)**

**23rd May to 30th May 2026**

**Fee: ₹ 12000/-**

**Last Date to Apply: 06th April 2026**



4



# Trek to Hampta Pass, Manali

## (Himachal Pradesh)

**for Railway Officers / Staff / Spouse / Children (min. age 16 years)**

**13th June to 20th June 2026**

**Fee: ₹ 13000/-**

**Last Date to Apply: 28th April 2026**



5



# Trek to
## Sinhagad-Rajgad-Torna

## Pune (Maharashtra)

**for Railway Officers / Staff / Spouse / Children (min. age 12 years)**

**19th August to 25th August 2026**

**Fee: ₹ 10500/-**

**Last Date to Apply: 15th June 2026**





# 6 Trekking Expedition to Bali Pass

## (Uttarakhand)

**for Railway Officers / Staff / Spouse / Children (min. age 18 years)**

**28th September to 07th October 2026**

**Fee: ₹ 22500/-**

**Last Date to Apply: 14th July 2026**



7



# Adventure camp at Aizwal

## (Mizoram)

**for Railway Officers / Staff / Spouse / Children (min. age 12 years)**

**19th November to 30th November 2026**

**Fee: ₹ 14500/-**

**Last Date to Apply: 31st August 2026**



8



# Trekking & Adventure training camp

## Panchmarhi (Madhya Pradesh)

**for Railway Employees (Officers / Staff / Differently Abled also) / Spouse / Children (min. age 10 years)**

**11th December to 18th December 2026**

**Fee: ₹ 9500/-**

**Last Date to Apply: 08th October 2026**



9



# Skiing Camp at Gulmarg

## (Jammu & Kashmir)

**for Railway Officers / Staff / Spouse / Children (min. age 14 years)**

**09th February to 16th February 2027**

**Fee: ₹ 12500/-**

**Last Date to Apply: 21st December 2026**

# NOTE

**PASSES & LEAVE:** The selected participants would be eligible for grant of Special Casual Leave & Special rail journey Pass.

**TREK EQUIPMENT:** NRTMA may issue some official equipment to the participants i.e., Ruck-sack, sleeping bag & mattress etc. (returnable) prior to commencement of the trek.

**ACCOMMODATION:** Only Tented accommodation would be provided during the camp. However, mode of accommodation can be changed to any economy class i.e., dormitory type, from Tourism / Forest deptts. / Hotel etc. on sharing basis.

**PARTICIPATION FEE INCLUDES:** All transportation, shared accommodation, meals as per itinerary, camping and trekking equipment, guides and services of camp leaders.

**CERTIFICATE:** Certificates may be issued to the participants who successfully complete the trek and abide by the discipline of the camp schedule.

**SAFETY:** Extensive and painstaking preparations have gone into the planning of every trek routes/activity keeping safety in mind. However, the NRTMA will not be responsible for any accident, illness or injury during the camp period.

**MEDICAL FACILITIES:** Though all possible medical helps will be provided to the campers, however, those on special medication or with known drug allergies should bring their own necessary medications.

**CANCELLATION:** The selected participants who are not willing to take part in the activity must inform in writing to Adventure Programme Coordinator specifying the reason before 10 days of commencement of the trek/activity, otherwise 25% of the amount will be forfeited from their participation fees.

**FLAGGING CEREMONY:** Before commencement of the trek/activity, flagging off ceremony is organized by NRTMA during which the participants will be briefed about the itinerary & trek route.

## POINTS TO NOTE



- Every programme includes mountaineering / trekking & adventure activities. Its location may not be construed to mere excursion or sight-seeing.
- Use of intoxicants in any form is strictly prohibited.
- The participants are liable to be sent back from the trek/camp at their own cost in case discipline is infringed at any time during the period.
- Preference would be given to healthy applicants. However, it must be ensured that the applicants are physically fit, mentally prepared & capable of doing the concerned activity.
- All activities would materialize subject to receiving sufficient response.
- Concerned controlling officers are competent to spare their staff working under them for joining into the activities applied for.
- All participants must carry with them one photo ID.

## HOW TO APPLY

Employees/Persons willing to participate into the above trekking programmes/ activities, should submit their application on the enclosed prescribed form, along with requisite participation fee in Cheque / Cash/ Net Banking. directly to Adv. Prog. Coordinator, R.No.32-G, GM's Bldg., Baroda House, New Delhi-110001 within due dates as notified above. However, they can also submit their applications through their nominated Coordinating Officers / NRTMA of their concerned Division / Workshop/Institute/ Unit offices. Forms are available with the officials of NRTMA Committees formed in the Divisions/Workshops/Institutes/Units etc. as well as from the NRTMA's centralized office. Forms can also be downloaded from the below mentioned Website. It may be noted that after the due dates, no application will be entertained.

## NRTMA RESERVES THE RIGHT

- to increase the participation fee, if situation so desires due to unforeseen eventuality etc.;
- to alter duration of the camp, route or overnight halts in case of bad weather conditions, roadblocks, landslides or any other beyond control circumstance;
- for selection process of the participants & rejection of any application without assigning any reason.

**Notification No. 843E/266/NRTMA/AP/26**
**Dated: Jan 2026**




2024




# N.R.T.M.A.

*For any other clarification, may contact:*

**HARISH JOSHI**
Adventure Prog. Coordinator

**Centralised Office:**
R. No. 32-G, Northern Railway HQ Office,
GM's Bldg., Baroda House, New Delhi -110001

**Phones** : 011-23383126, 3-5070 (Rly.)
**Mobile** : 9818699325
**Email** : nrtma.nrtma@gmail.com
**Website** : www.nr.indianrailway.gov.in/adventurezone

# NORTHERN RAILWAY TREKKING & MOUNTAINEERING ASSOCIATION

Adventure Cell
Room No.32-G, GM's Building,
Baroda House, News Delhi-110 001

## APPLICATION FORM

PHOTO

**Name of trek/activity applied for** _____

1. NAME OF PARTICIPANT : _____
2. Name of employee : _____
3. Relation with Rly. employee : _____
4. Designation of employee : _____
5. Office address _____
6. DOB (of participant) _____ 4. DOA (of employee) _____
7. Contact no(s) _____ E-mail _____
8. Residential address _____
9. Experience in any adventure / NRTMA camps (with documentary proof), if any _____

### DECLARATION

I understand that in case of any indiscipline, non-cooperation and non-compliance of the orders of accompanying supervisors/leaders during the event, I am liable to be sent back from any point at my own cost. I am applying / sending my ward in the high altitude trekking expedition/adventure activity with my consent and on my own risk and would lodge no any legal claim whatsoever. NRTMA would not be responsible for any accident, illness, injury or irrecoverable loss during the event or journey period for the purpose.

I / on behalf of my minor son/daughter (strike out whichever not applicable) hereby declare that the particulars shown above are correct to the best of my knowledge & belief and I clearly understand that in the event of my statement being proved incorrect/false, I am liable for being dealt with under D&AR.

Signature of the employee

Signature of the applicant

Certified that according to the records available in this institute/office, the particulars of Sh./Smt./Km. _____ as stated above, are correct and the employee/participant can be spared for the above mentioned programme applied for.

Signature & stamp of the
Head of the office

### MEDICAL CERTIFICATE OF PARTICIPANT

1. Present/Past illness of significance _____
2. Injuries/operation undergone and present condition _____
3. Any known allergy to drugs or foodstuff _____
4. Blood Group _____
5. Is the applicant suffering from

| | | |
|---|---|---|
| (i) | An infectious disease | Yes/No |
| (ii) | A skin disease | Yes/No |
| (iv) | Heart trouble | Yes/No |
| (v) | Asthmatic | Yes/No |
| (vi) | Any other disease/defect | Yes/No |

Certified that I have examined Sh./Smt./Km. _____ and have found him/her physically fit/unfit in the said programme & to withstand the hazards of the mountain and trek in cold climate and at high altitude of carrying a load about 10 kgs. which involve crossing of snow covered passes of the height of 10,000 ft. & above.

Sr.DMO
or any MBBS Practitioner
(with seal)

Phones : 011-23383126, 23002809 (P&T), 3-2809 (Rly.) – Fax : 3-2687 (Rly.)
Email: nrtma.nrtma@gmail.com – Website: www.nr.indianrailways.gov.in/Adventure Zone

# NORTHERN RAILWAY TREKKING & MOUNTAINEERING ASSOCIATION

Adventure Cell
Room No.32-G, GM's Building,
Baroda House, News Delhi-110 001

## APPLICATION FORM

PHOTO

**Name of trek/activity applied for** _____

1. NAME OF PARTICIPANT : _____
2. Name of employee : _____
3. Relation with Rly. employee : _____
4. Designation of employee : _____
5. Office address _____
6. DOB (of participant) _____ 4. DOA (of employee) _____
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